

## Comparison between conventional and modern methods for extraction of *Rosmarinus officinalis* leaves

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### Abstract

**Background and objective:** The first step in the process of drug obtaining from natural origin was standardized extraction procedure. The aim of the study was to compare extracts of *Rosmarinus officinalis* obtained by different methods of extraction from mass and phytochemical points.

**Methods:** Comparison was done through measuring the mass of yield of *Rosmarinus officinalis* extracts using different methods of extraction. Qualitative analysis was done through preliminary phytochemical screening tests for the presence of secondary natural groups of extracts of rosemary plant obtained by different methods of extraction.

**Results:** The highest yield mass (7.666%) was obtained from the microwave assisted extraction method belong to the modern methods of extraction group. In qualitative analysis, there was no difference in the presence of the secondary natural product groups with different methods of extraction belonging to the two classes conventional and modern. New group of natural products were detected in the ethanolic plant extract are condensed tannin and quinone.

**Conclusion:** Microwave assisted extraction is considered as the most efficient method of extraction from quantitative measures. Qualitative analysis of ethanolic extract of *Rosmarinus officinalis* shows presence of phytochemical compounds like condensed tannin, quinon, flavonoid, terpenoid and phenols.

**Keywords:** *Rosmarinus officinalis*, Phytochemical screening, Microwave assisted extraction, Secondary natural group.

### Introduction

The process of separation of active constituent from the inactive ones either from plant or animal tissues refers to the pharmaceutical term extraction, using selective solvent and standard procedures. The yield of extraction process is in form of liquid, solid (powder) or semisolid (pilular) known as decoctions, infusions, or tinctures according to the used standard extraction methods for extracting of the phytochemicals from the plant material. Preparation of the extraction process known as galenicals, named after Galen, the second century Greek physician.<sup>1</sup> Extraction is the first crucial step in the screening process of the plant extracts for the desired phytochemicals in the medicinal plant product researches.<sup>2</sup>

Standardized extraction methods required for having complete view of bioactive compounds in the crude extracts and maximum extraction efficacy.<sup>3</sup> Plant extracts with higher quality and efficiency can be obtained through an optimized extraction process.<sup>4</sup> Plant extracts are used for many purposes either culinary, pharmaceutically or industrially due to the presence of valuable bioactive phytochemicals, lipids, flavors and pigments. There are many investigations for extracting these bioactive compounds from plants. However, conventional methods like maceration, infusion, and ordinary reflux are used for many decades in laboratories for extraction; main disadvantages are time and solvent consuming. Recently because of the backwards of the

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conventional methods there is an increase needs for developing of the modern methods for extraction with the decreasing in the amount of solvent consumption and time consuming, example of these methods are ultrasound-assisted extraction, microwave-assisted extraction, which are working with higher efficiency, lesser solvent and high yield mass for extracting phytochemicals form solid plant material.<sup>5-10</sup> Rosemary plant with the scientific name of *Rosmarinus officinalis* L. is of mint family Lamiaceae (Labiatae) family. Rose marry is a woody, perennial herb with an evergreen bush which is a local plant of Mediterranean region with pharmacological and decorative value. Generally *Rosmarinus officinalis* herb is used for culinary purposes and spice, antioxidant and antimicrobial agent.<sup>11-14</sup> Traditionally, rosemary has been used by herbalists to improve memory, relax muscles, relieve muscle pain and spasm, and stimulate hair growth, wedding ornaments, support the circulatory and nervous systems, in the prevention of cancer and its antibacterial properties.<sup>15</sup> Main active constituents of *Rosmarinus officinalis* are flavonoids, phenolic acids, diterpenes, steroids, triterpene and essential oils.<sup>16,17</sup>

## Methods

### A– Plant Material:

*Rosmarinus officinalis* was collected from Safeen Mountain, Shaqlawa, Erbil-Kurdistan Region. The plant was authenticated by the Department of Pharmacognosy, College of Pharmacy, Hawler Medical University. The leaves were dried in shade and were used in the present study.

### B– Comparison Of Extraction Methods:

The comparison was done through weighing the yield of the extraction process using different extraction methods, extraction methods used for comparison are arranged below from conventional ones to the more advanced procedures:

### 1– Conventional Methods:

Fifty gram of dried coarsely grounded rosemary leaves where introduce to different methods of extraction belonging to the conventional methods which are maceration, decoction, infusion, ordinary reflux, soxhelt extraction method using 150ml of 70% ethanol as a solvent of extraction with periods according to the method of extraction show in Table 1 using standardized procedures.<sup>1,18</sup> The extracts where filtered separately and concentrated using rotary-vapor machine and stored at 40 °C until dried.

**Table 1:** Periods in procedures used in conventional extractions methods.

Method of Extraction	Period
Maceration	3 days
Maceration	7 days
Infusion	10 minutes
Decoction	15 minutes
Ordinary Reflux	1 hour
Soxhelt Extraction method	2 hours

### 2- MODERN METHODS:

#### 1. Ultrasonic Assisted Extractor (UAE):

Fifty gram of dried coarsely grounded rosemary leaves mixed with 150ml of 70% ethanol extracted using ultrasonic assisted extractor for 1hr at 40 °C were filtered and reduced in volume by rotary-vapor machine and stored in oven at 40°C until dried.<sup>19</sup>

#### 2. Microwave Assisted Extractor (MAE):

Extraction was carried out according to the Quan, Hang method<sup>20</sup> with slight modification. In domestic microwave oven (MWF 2310, BEKO), 50 gm of dried powdered plant material was mixed with 150ml of 70% ethanol and was radiated in microwave oven at 90 second time intervals (30 sec radiation and 1min off) to keep temperature not rising above 60°C. The infusions were allowed to cool down to room temperature, filtered and stored in oven at 40°C until dried.

**C- Qualitative Analysis:**

Preliminary qualitative tests (phytochemical screening) were carried out on the extracts to identify the chemical nature and the functional groups of compounds.<sup>21</sup> The extracts obtained by different methods of extraction were introduced for identification of alkaloids using dragendorff test,<sup>22-24</sup> flavonoids using alkaline test,<sup>25,26</sup> anthraquinone glycoside using bortrager test, cardioactive glycoside using kellerkilian test,<sup>25</sup> saponin glycoside using foam test,<sup>21</sup> tannin using braymers test,<sup>1,21,26</sup> sterol using libermann-burchard test, terpenoid steroids using salkowkis test, quinone using quinone test, phlobatannin using precipitate test, phenols using ferric chloride test.<sup>26</sup>

**Statistical Analysis:**

All the processes of extraction were carried out three times and the mean of the processes was considered as percentage using Microsoft Excel 2007.

**Results****Comparison Of Extraction Methods Yields:**

Comparison was carried out through weighing the yield of each of the extraction methods separately. All the processes of extraction were triplicates expressed in percentage (w/w). The averages of the yields of extraction method are presented in Table 2.

**Table 2:** Yields of *Rosemarinusofficinalis* with different methods of extraction.

Method of extraction	Yield (% w/w)
<b>Conventional Extraction Methods</b>	
Maceration (7 days)	5.3%
Maceration (15 days)	5%
Infusion	4.632%
Decoction	3.8%
Ordinary Reflux	5.533%
Soxhelt	6.466%
<b>Modern Extraction Methods</b>	
Ultrasound assisted extraction (UAE)	2.8666%
Microwave assisted extraction (MAE)	7.666%

**Qualitative Analysis:**

The results of preliminary phytochemical screening for extracts of *Rosmarinus officinalis* with different methods of extraction are presented in Table 3.

**Discussion**

Modern "advanced" extraction methods with beneficial over conventional methods have been developed since medicinal plant extraction methods playing an important roles for providing high quality plant product for the consumer. Extraction process is the most important first step for preparation of the herbal product which affects on the active constituents present in the sample qualitatively and quantitatively.<sup>27</sup> Average of yields for extraction processes are shown in Table 2 expressed in percentage (w/w), the soxhelt extraction method with yield (6.466%) was the higher yield among the conventional methods with corresponding method in modern method was microwave assisted extraction (MAE) with yield (7.666%), which was similar to the

finding of Bandar et al. Generally soxhelt extraction method is considered as a well-established method of extraction, moreover in comparison with modern method MAE is consider as an old fashion, time and solvent consuming method.<sup>5</sup> The advantages of soxhelt extraction method over the other methods belonging to the conventional methods of extraction group, firstly establish an equilibrium of transferring the fresh solvent over the plant material (solid phase), secondly maintenance of elevated temperatures in the container of extraction and finally there was no need for filtration process at the end of the process of extraction.<sup>7</sup> In comparison of the yields of the two methods of extraction soxhelt and MAE, MAE was considering as a potential alternative methods for the conventional methods. MAE was selected as one of the best methods for extraction of the phytochemicals because lower time consuming, less labor and improving the amount of yield.<sup>5,9</sup> Other conventional

**Table 3:** Phytochemical screening of *Rosmarinus officinalis* extracts with different methods of extraction.

Phytochemicals	Extraction Methods						Modern Extraction Methods	
	Conventional Extraction Methods						UAE	MAE
	Maceration (7 days)	Maceration (15 Days)	Infusion	Decoction	Ordinary Reflux	Soxhelt		
Alkaloids	-	-	-	-	-	-	-	-
Flavonoids	+	+	+	+	+	+	+	+
Anthraquinones	-	-	-	-	-	-	-	-
Cardioactive	-	-	-	-	-	-	-	-
Saponin	-	-	-	-	-	-	-	-
Tannin (HT)	-	-	-	-	-	-	-	-
Tannin (CT)	+	+	+	+	+	+	+	+
Sterol	-	-	-	-	-	-	-	-
Terpenoid	+	+	+	+	+	+	+	+
Quinon	+	+	+	+	+	+	+	+
Phlobatannin	-	-	-	-	-	-	-	-
Phenol	+	+	+	+	+	+	+	+

(+) indicates the presence of natural product group, (-) indicates the absence of the natural product. HT: refers to the hydrolysable tannins, CT: refers to the condensed tannins.

process of extraction such as maceration was quite time consuming process (3-15 days), decoction high temperatures may affect the active constituents of the plant, infusion was considered a method for extraction of soft parts of plant (restrict usage), ordinary reflux is both time consuming in addition of high temperatures.<sup>1,18</sup> Modern methods of extraction such as ultrasonic assisted extraction process is one of the advanced methods of extraction have many advantages such as easy way of extraction with high efficiency and less destruction of the active constituent since elevated temperatures not used.<sup>8</sup> In comparison between modern methods of extraction, MAE is preferred over the ultrasound assisted extraction (UAE) because, the MAE increase the mass transfusion through solid matrix of the plant material, faster mixing of the liquid (solvent of extraction) thus maintaining the highest possible driving forces, ensure the highest quantity, quality and purity of the active constituents in the extract,<sup>28</sup> which support our study. Phytochemical screening of *Rosmarinus officinalis* is showed the presence of flavonoid, phenols, terpenoid natural product group, and absence of anthraquinone glycoside, cardioactive glycoside, phlobatannin natural products, similar finding were obtained by (Gislene et al<sup>16</sup>, Asressu<sup>29</sup>, and Dahiya and Purkayastha<sup>30</sup>). New groups of natural group products were detected in ethanolic extract of *Rosmarinus officinalis* which are condensed tannin natural product, tannins were detected in methanolic extract of *Rosmarinus officinalis*, while the ethanolic extract of *Rosmarinus officinalis* is shows negative result by Dahiya and Purkayastha<sup>30</sup>. Quinone natural product was detected in the ethanolic extract of plant while it was detected in the methanolic extract of plant by Houlihan et al<sup>31</sup>. About saponin and steroid natural products, there was a controversy our finding similar to the finding of Asressu<sup>29</sup> regarding the absence of saponin, while they were detected in the ethanolic extract of *Rosmarinus officinalis*

by Dahiya, Purkayastha<sup>30</sup>. In qualitative analysis among the extracts of *Rosmarinus officinalis* found that the phytochemicals (present ones) can be obtained by all the tried methods of extraction using 70% ethanol (is considered as most effective solvent of extraction)<sup>18</sup> as solvent of extraction which confirmed by the study done by Milic et al<sup>32</sup> on *Mentha* plant using different methods for extraction of menthol. However, the amount of constituents was differing according to the methods of extraction.<sup>31</sup>

### Conclusion

From results we conclude that MAE is the most appropriate method with highest yield mass, less time consuming and little amount of solvent was used for extraction in comparison with other methods of extraction in the two classes of classic and modern. Qualitatively the extracts obtained from all the used methods of extraction contained flavonoids, terpenoid, quinine, phenol and condensed tannin as secondary natural products, but their quantities were not estimated from preliminary phytochemical screening. Further research and studies are recommended about this point. New group of natural product condensed tannin and quinine were detected in the ethanolic extract *Rosmarinus officinalis* is Iraqi Kurdistan species.

### Conflicts of interest

The author reports no conflicts of interest.

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